

## ***Messages from Beyond***

A Healthy Times Service Review

By Mike Bundrant with Miki Jacobs

I recall at the age of 17 explaining to a church leader my position on receiving guidance from the spiritual realm. He had asked me why I might be interested in receiving a special blessing that included directives for my life. “Anyone believing that God has special instructions for him wants to know what they are,” I replied. This position still seems relevant to me at 42, although I have grown much more skeptical about who should represent God in my life.

When the opportunity arose to participate in a spiritual reading with Miki Jacobs, I was curious, although doubtful. I had heard impressive stories from a mutual acquaintance about how spiritually gifted she is, but I didn’t necessarily believe in “channeling” archangels or communicating with dead relatives through a medium. I’ve also been well trained in the vagueness of language and sophisticated trickery used by palm readers, hypnotists and politicians, so I can’t say that I was the most open-minded or willing subject. Yet, my position remains. If there is indeed a message from beyond that is intended for me, then I want to know what it is.

I confess I gave up trying to figure out how Miki knew what she knew about me. When you receive a reading from Miki, you don't disclose a lot of information up front. I only had to state my name out loud for my “team” (angels, spirit guides and other spiritual guests) to hear. Then, I sat back and waited as Miki tuned into the messages that began to come through.

Her first comment had to do with my midsection. “Why am I feeling discomfort? Are you uncomfortable in your abdomen?” she asked. *In fact, I had just had some very painful deep organ massage (that’s another story) and the soreness was lingering.*

“You’re working with a new doctor?” Miki asked. *It was a doctor, as opposed to another kind of practitioner, and yes he was new for me.*

“And you switched doctors?” she continued. *Right again.*

“Your team is pleased with the switch! You have a green light. This new doctor is authentic and is not all about his ego or money. He is only interested in health and you’ll do good work with him,” Miki explained. *She couldn’t have been more accurate here, as he uses similar words to describe his commitment to health and lack of interest in material things.* I admit I was impressed early on in the session.

From there, the direction flowed, messages from beyond delivered through a virtual stranger with an uncanny ability to make you feel like she is your long lost sister. Miki is very good at what she does. Here are a few more highlights from the session and things that Miki seemed to know without prior information. Miki had no prior knowledge of any of the following before brining it up to discuss.

My wife Hope and I are starting a new arm of our business. We got the green light from our spirit team. However, we were told that our current business is not well enough organized, such that we would be compromised if we began the new project before the current one is better managed.

During the session Miki turned to Hope, who was present, and asked why her grandmother on her mother's side (now deceased) would suddenly show up. "Was she a strong woman, even pushy?" asked Miki. "Even though I am doing this for Mike, she wants to make sure she is heard. She loves you so much! Did you have a close and special relationship with her?" At this point Hope started to cry, as this particular grandmother was the closest friend she had in childhood, a strong, pushy woman who cared so passionately that you were going to hear her point of view whether you liked it or not.

My father showed up as well. Miki mentioned that he was standing right behind me. "Why does he look regretful?" she asked. "He is simply asking for your forgiveness for not being more attentive to you. He never knew what to do with kids." I've thought about this one a lot since the session. My father was an only child and really didn't know what to do with kids, in fact. It is interesting to think of him now asking for my forgiveness. I suppose I have softened a bit toward my memory of him, but this one will take more work.

Due to space constraints, I'll summarize the rest. Miki spoke at length to Hope and me about our kids, our ex-spouses, health, business, our relationship and personalities, as well as specific things to do (give yourself more time when traveling to meetings). We were impressed at the relevance and helpfulness of the feedback – again, all given without any prompts from us. We were also officially declared Soul Mates, which felt nice. We thought it would be a nice idea to get a family reading before long.

What an interesting way to progress through life. Find a medium who has your spiritual number, so to speak. Go to her and get direction. Then, go to work – do it – implement! Act on the feedback and live the directions to the best of your ability. After a while, check back in for feedback from your spiritual team and get further insight and instruction.